



Aware Recovery Care provides a long-term solution for those suffering from the chronic disease of substance use disorder – in the comfort, privacy, and security of your own home.

- Receive one full year of treatment for a cost that is comparable to a typical 28-day inpatient stay.
- Enjoy the comforts of home.
- Mend and grow relationships with family and friends.
- Have regular touchpoints with your care team.
- Go to work and/or school.
- Be active in your community.

Entering the Aware Recovery Care program after an inpatient stay:

- Facilitates a seamless transition to the “real world.”
- Lets you build on your recovery and successes already achieved.
- Ensures a holistic, long-term continuum of care.

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By the end of my year, I was ready to be a part of my future.”

Home
IS WHERE
recovery
LIVES™



844.292.7372
AwareRecoveryCare.com



You don't need to put your life on hold.

We bring addiction treatment to your home.



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The Aware Recovery Care model works.

Research shows that maintaining abstinence for a year dramatically improves a person's chance of sustained recovery from less than 10% to over 80%¹.



¹ Kirshenbaum AP, Olsen D, Bickel W. A quantitative review of the ubiquitous relapse curve. J Substance Abuse Treatment. 2009;26:8-17

Your Aware Recovery Care team provides you with supportive, medically-integrated substance use disorder treatment while you live in your own home.

Healing at home

Psychiatric Provider

(Psychiatrist, Nurse Practitioner)

- Meets with you to discuss treatment options and goals in order to create a personalized treatment plan.
- Recommends detox if needed.
- Conducts psychiatric evaluation and makes recommendations for personalized treatment, including medication management.

Internal Psychotherapist

- Treats psychological and emotional issues.
- Uses evidence-based treatment modalities such as cognitive behavioral therapy, dialectical behavioral therapy, etc.

Family Wellness Therapist

- Your externally contracted Family Wellness Therapist works with you and your loved ones in the healing process.

Care Coordinator

(Licensed Nurse, Social Worker or Counselor)

Coordinates with a Primary Care Provider and Psychiatric Provider.

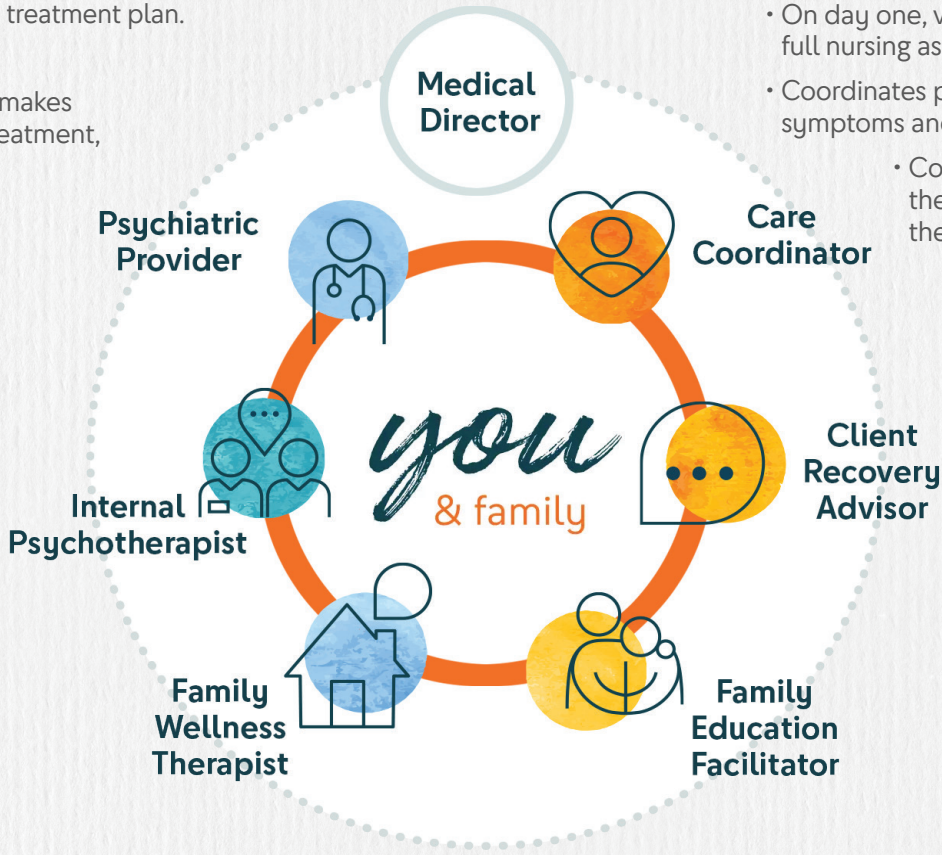
- On day one, visits you in your home to conduct full nursing assessment.
- Coordinates pharmacotherapy to ease withdrawal symptoms and cravings when appropriate.
- Collaborates with external providers, therapists, and specialists to provide the best personalized care possible.

Client Recovery Advisor (CRA)

- Serves as the primary source of peer support and frequently has lived experience.
- Meets in your home and/or community and is accessible by phone.
- Introduces you to support groups in your community.
- Coordinates alcohol and drug screenings.
- Supports you in achieving recovery goals.

Family Education Facilitator

- Provides virtual education and support to those you've identified as allies (family or friends) in your recovery process.
- Education topics include the science of addiction, self-care, the impact of addiction on families, and healthy communication.



Recovery is Transformational:

Addiction impacts every aspect of life, and recovery can, too. Your care team will help connect you to community resources to achieve your goals in many areas of wellness:

- Educational
- Occupational
- Physical
- Spiritual
- Legal
- Social