“Aware Recovery Care provided my son with a seamless transition from residential treatment to care at home.”

Aware Recovery Care (ARC) provides a long-term solution for those suffering from the chronic disease of addiction—in the comfort, privacy, and security of your own home.

- Receive one full year of treatment for a cost that is comparable to a typical 28-day inpatient stay.
- Achieve long-term, sustained abstinence from a treatment shown to deliver recovery rates 300% over the national average.*
- Enjoy the comforts of home.
- Mend and grow relationships with family and friends.
- Go to work and/or school.
- Be active within your community.

Entering the Aware Recovery Care Program after an inpatient stay:
- Facilitates a seamless transition to the “real world.”
- Builds upon your sobriety and successes already achieved.
- Ensures a formidable, long-term continuum of care.

“We were always able to become a part of his life in a way that we could never have done during his inpatient stay.”

*Anthem Blue Cross Blue Shield report by Dr. Stephen Korn to State of Connecticut Opioid Addiction Symposium October 14, 2016.

1.844.AwareRC | AwareRecoveryCare.com

CONNECTICUT
556 Washington Ave, Unit 201
North Haven, CT 06473 | 203.779.5799

FLORIDA
1625 S Congress Ave, Unit 100
Delray Beach, FL 33445 | 561.418.3262

INDIANA
6505 E 82nd St., Suite 120
Indianapolis, IN, 46250 | 317.779.0310

MAINE
500 Southborough Dr., #205
South Portland, ME 04106 | 207.203.9097

MASSACHUSETTS
9 Pond Ln, Suite #105
Concord, MA 01742 | 617.430.4949

NEW HAMPSHIRE
15 Constitution Dr, Suite 2N
Bedford, NH 03110 | 603.769.8462

RHODE ISLAND
1041 Ten Rod Rd, Unit B
North Kingstown, RI 02852 | 401.216.7726

The New Face of Addiction Treatment — Healing at Home.
Your Aware Recovery Care Team provides you with highly structured, intimately designed outpatient addiction treatment while living in your own home.

**Addition Psychiatrist**
- Acts as your Team’s Medical Director.
- Meets with you to discuss treatment options and goals in order to create a flexible and personalized treatment plan.
- Recommends detox if needed.
- Leads the Recovery Team in conjunction with pre-existing doctors and clinicians for the duration of your treatment.

**Certified Recovery Advisor (CRA)**
- Serves as liaison and main point of contact.
- State certified recovery coach.
- In sustained, long-term recovery.
- Meets in client’s home and/or community.
- Accessible by phone.
- Coordinates alcohol and drug testing.
- Implements and monitors GPS tracking system.
- Integrates client into a 12-step/support group.
- Coordinates additional healthcare, wellness and therapy needs.

**Registered Nurse**
- On day one, visits you in your home to conduct a full nursing assessment.
- Provides pharmacotherapy to ease withdrawal symptoms and cravings.
- Provides care for addiction related health issues—making you more comfortable.
- Collaborates with the Addiction Psychiatrist, your Doctor, Therapist, and/or specialists to provide the best, personalized care possible.

**Licensed Therapist**
- Recommend that you stay with your current therapist who then becomes a member of your Recovery Team.
- Can provide a therapist if needed.
- Treats psychological and emotional issues.
- Utilizes evidence-based treatment modalities such as CBT, DBT, Trauma therapy, etc.

**Recovery Through Innovation**
Our program uses these technologies as part of our evidence based curriculum:

**Biofeedback**
- Builds inner resilience
- Promotes mindfulness
- Eases stress and improves perspectives

**SOBERLINK Alcohol Monitoring (voluntary)**
- Discreet and portable
- Promotes accountability
- Relapse is detected quickly

**Voluntary GPS Monitoring**
- Builds trust
- Promotes accountability

**Additional Health and Wellness Resources**
- **Intervention**
- **Detox**
- **Family Therapy facilitation**
- **Physical Therapy facilitation**
- **Occupational Therapy facilitation**
- **Access to wellness programs**
- **Legal assistance**
- **Educational consultation**

We encourage you to continue counseling with your current mental health care provider and incorporate them as part of your Recovery Team.

*Kirshenbaum AP, Sloan D, Bickel W. A quantitative review of the ubiquitous relapse curve. J Substance Abuse Treatment, 2009;26:8-17*